MARCO BALDI

BOLOGNA UNIVERSITY PHYSICS AND ASTRONOMY DEPARTMENT

COSMIC ACCELERATION: FROM THE COSMOLOGICAL CONSTANT TO DARK ENERGY AND MODIFIED GRAVITY THEORIES

ASTROPHYSICAL PROBES OF FUNDAMENTAL PHYSICS FERRARA, 7-11 SEPTEMBER 2015



Three lectures to cover the basics of homogeneous cosmology, perturbations growth, the Dark Energy problem, the cosmological constant and its problems, alternatives to the cosmological constant, and the impact of Dark Energy models on structure formation

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Lecture 1

- Basics of homogeneous cosmology

- Observational evidence of cosmic acceleration

- The cosmological constant

Three lectures to cover the basics of homogeneous cosmology, perturbations growth, the Dark Energy problem, the cosmological constant and its problems, alternatives to the cosmological constant, and the impact of Dark Energy models on structure formation

Lecture 1 Lecture 2

- Basics of homogeneous Basics of structure cosmology formation in the standard model
- Observational evidence of cosmic acceleration
- The cosmological constant

- Homogeneous Dark
 Energy models
- Interacting Dark Energy and Modified Gravity

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Lecture 1	Lecture 2	Lecture 3
- Basics of homogeneous cosmology	- Basics of structure formation in the standard model	- Basics of structure formation in DE models
 Observational evidence of cosmic acceleration 	- Homogeneous Dark Energy models	- N-body simulations
- The cosmological constant	- Interacting Dark Energy and Modified Gravity	 Non-linear structure formation in DE and modified gravity models

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No time to go through the derivations in detail, just showing the path and the main ideas.

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Suggested readings

Most of the material presented in these lectures follows the treatment presented in the textbook:

L. Amendola & S. Tsujikawa

Dark Energy Theory and observations



Suggested readings

Other useful references are:

Textbooks:

- S. Dodelson: Modern Cosmology
- S. Weinberg: Gravitation and Cosmology

Reviews:

- L. Amendola et al. (Euclid Theory WG): arXiv:1206.1225
- M. Baldi: arXiv:1210.6650

Lecture 1

Basics of homogeneous cosmology

- From General Relativity to cosmology
- Friedmann Equations
- Continuity Equations
- Cosmic Inventory: matter species in the Universe
- Acceleration vs. deceleration

Observational evidence of Cosmic Acceleration from geometry

- Cosmic age vs. stellar age
- Type la Supernovae

\odot The cosmological constant Λ

- Rise and fall of a fascinating concept: the history of Λ
- Problems of the cosmological constant (fine-tuning and coincidence)

BASICS OF HOMOGENEOUS COSMOLOGY

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Cosmology as a scientific discipline would not exist without the Theory of General Relativity (A. Einstein, 1915... by the way: 1915-2015, happy birthday GR!!!)

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- 1915: formulation of the theory of General Relativity (Einstein)
- 1916: first solution of GR equations for a central mass (Scwarzschild)
- 1917: first application of GR to a model universe, and introduction of a cosmological constant (Einstein)
- 1919: confirmation of light deflection from the Sun (Eddington)
- 1922: first solution of GR equations for an expanding universe with no cosmological constant (Friedmann)
- 1929: discovery of the cosmic expansion (Hubble)

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where the scalar curvature $R \equiv g^{\mu\nu}R_{\mu\nu}$ and the Ricci tensor ($R_{\mu\nu}$) is defined in terms of the Christoffel symbol $\Gamma^{\mu}_{\nu\lambda}$:

$$R_{\mu\nu} = \Gamma^{\alpha}_{\mu\nu,\alpha} - \Gamma^{\alpha}_{\mu\alpha,\nu} + \Gamma^{\alpha}_{\mu\nu}\Gamma^{\beta}_{\alpha\beta} - \Gamma^{\alpha}_{\mu\beta}\Gamma^{\beta}_{\alpha\nu}$$
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$$\Gamma^{\mu}_{\nu\lambda} = \frac{1}{2} g^{\mu\alpha} (g_{\alpha\nu,\lambda} + g_{\alpha\lambda,\nu} - g_{\nu\lambda,\alpha}); \quad [*]_{\xi} \equiv \partial [*] / \partial x^{\xi} \quad (4)$$

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Therefore, the Einstein tensor is fully determined by the metric tensor $g_{\mu\nu}$, which is a unitary tensor ($g^{\mu\alpha}g_{\alpha\nu} = \delta^{\mu}_{\nu}$) defined through the line element in a 4-dimensional space-time:

$$ds^2 = g_{\mu\nu}dx^{\mu}dx^{\nu}$$

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This assumption corresponds to a particular form of the metric tensor called the Friedmann-Lemaître-Robertson-Walker (FLRW) metric:

$$ds^{2} = -dt^{2} + a^{2}(t) \left[\frac{dr^{2}}{1 - Kr^{2}} + r^{2}(d\theta^{2} + \sin^{2}\theta d\phi^{2}) \right]$$
(6)

for a 3+1 splitting of a time coordinate (the cosmic time $x^0=t$) and 3 polar spatial coordinates $(x^1,x^2,x^3)=(r,\theta,\phi)$

With FLRW, the Einstein eqs. are highly simplified, as there are only a bunch of non-vanishing components of Christoffel symbols:

$$\Gamma_{11}^{0} = a^{2}H(1 - Kr^{2})^{-1}, \quad \Gamma_{22}^{0} = a^{2}Hr^{2}, \quad \Gamma_{33}^{0} = a^{2}Hr^{2}\sin^{2}\theta$$

$$\Gamma_{0j}^{i} = \Gamma_{j0}^{i} = H\delta_{j}^{i}, \quad \Gamma_{11}^{1} = \frac{Kr}{1 - Kr^{2}}, \quad \Gamma_{22}^{1} = -r(1 - Kr^{2})$$

$$\Gamma_{33}^{1} = -r(1 - Kr^{2}\sin\theta), \quad \Gamma_{33}^{2} = -\sin\theta\cos\theta$$

$$\Gamma_{12}^{2} = \Gamma_{21}^{2} = \Gamma_{13}^{3} = \Gamma_{31}^{3} = \frac{1}{r}, \quad \Gamma_{23}^{3} = \Gamma_{32}^{3} = \cot\theta \quad (7)$$

where $H \equiv \dot{a}/a$ is the Hubble function and describes the dynamics of the Universe: H > 0 = expansion, H < 0 = contraction

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- The Cosmological Principle (FLRW) reduces the number of independent Christoffel symbols from 64 to 10.
- The dynamics of the universe is encoded in one function: a(t)





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The distance from an observer at the origin in FLRW is $\vec{r} = a(t)\vec{x}$ From which $\dot{\vec{r}} = H\vec{r} + a\dot{\vec{x}} \equiv \vec{v}_H + \vec{v}_p$ and the radial velocity is: $v = Hr + \vec{v}_p \cdot \vec{r}/r \rightarrow v \simeq H_0 r$ for $z \ll 1$ and $v_p \ll Hr$ (9)

Substituting the non-vanishing Christoffel symbols in the expression of the Riemann tensor (eq. 3) one gets:

$$R_{00} = -3(H^{2} + \dot{H}) \qquad R_{0i} = R_{i0} = 0$$

$$R_{11} = a^{2}A \frac{1}{1 - Kr^{2}} \qquad R_{22} = a^{2}Ar^{2} \qquad R_{33} = a^{2}Ar^{2}\sin^{2}\theta$$

$$R = 6A \qquad (10)$$

where $A \equiv (3H^2 + \dot{H} + 2K/a^2)$

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Finally, substituting in eq. 2 one gets the non-vanishing elements of the Einstein tensor:

$$G_0^0 = -3(H^2 + K/a^2) \quad G_j^i = -(3H^2 + 2\dot{H} + K/a^2)\delta_j^i$$
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$$\longrightarrow G_{\mu\nu} = 8\pi G T_{\mu\nu}$$
The Friedmann Equations

For a FLRW metric the energy-momentum tensor $T_{\mu\nu}$ can only take the form of a perfect fluid:

$$T^{\mu}_{\nu} = (\rho + p)u^{\mu}u_{\nu} + p\delta^{\mu}_{\nu}$$
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where $u^{\mu} = (-1, 0, 0, 0)$ is the 4-velocity in comoving coordinates. So, from the (0, 0) and (i, i) components of the Einstein eqs. (1) one gets the two Friedmann equations:

$$(0,0): H^2 = \frac{8\pi G}{3}\rho - \frac{K}{a^2}$$
(13)

$$(i,i): \ 3H^2 + 2\dot{H} = -8\pi Gp - \frac{K}{a^2} \quad \Rightarrow \frac{\ddot{a}}{a} = -\frac{4\pi G}{3}(\rho + 3p)$$
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These two equations fully describe the global dynamics of a homogeneous and isotropic Universe.

By differentiating the first Friedmann eq. (11) and substituting in the second eq. (12) one gets the Continuity Equation:

$$\dot{\rho} + 3H(\rho + p) = 0 \tag{15}$$

which describes the evolution of the energy density in an expanding or contracting homogeneous and isotropic Universe.

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The same equation can be derived from a conservation property of the Einstein tensor called the Bianchi identities:

$$\nabla_{\mu}G^{\mu}_{\nu} \equiv \frac{\partial G^{\mu}_{\nu}}{\partial x^{\mu}} + \Gamma^{\mu}_{\alpha\mu}G^{\alpha}_{\nu} - \Gamma^{\alpha}_{\nu\mu}G^{\mu}_{\alpha} = 0$$
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from which follows:

$$\nabla_{\mu}T^{\mu}_{\nu} = 0 \tag{17}$$

which gives the same result as (13) for a FLRW metric

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$$E = m/\sqrt{1 - v^2}$$
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$$f(p) = \frac{1}{\exp[(E-\mu)/T] \pm 1} + Fe$$

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making use of Heisenberg's Principle $d^3x d^3p \sim (2\pi\hbar)^3$ one gets the expression for the energy and pressure density

$$\rho = g_{\star} \int \frac{d^3 p}{(2\pi\hbar)^3} E(p) f(p) \qquad p = g_{\star} \int \frac{d^3 p}{(2\pi\hbar)^3} \frac{pv}{3} f(p) \tag{20}$$

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In the relativistic ($m \ll T$) and non-relativistic ($m \gg T$) limits this gives:

$$p_r/\rho_r = w_r = 1/3$$
 $p_{nr}/\rho_{nr} = w_{nr} \simeq 0$ (21)

For relativistic ($w_r = 1/3$) or non-relativistic ($w_{nr} \simeq 0$) matter the equation of state w is a constant. This allows to integrate the first Friedmann eq. (11) and the continuity eq. (13) to obtain:

$$\dot{\rho} + 3H(\rho + p) = 0 \implies \rho \propto a^{-3(1+w)}$$
(22)
$$H^{2} = \frac{8\pi G}{3}\rho - \frac{K}{a^{2}} \implies a \propto (t - t_{i})^{2/[3(1+w)]} \text{ for } K = 0$$
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these imply that for both matter types the expansion is decelerated:

- relativistic matter $\rightarrow \rho \propto a^{-4}$; $a \propto (t t_i)^{1/2}$
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From the second Friedmann eq. (12) one gets more in general:

$$\frac{\ddot{a}}{a} = \frac{4\pi G}{3}\rho(1+3w) \checkmark \qquad \text{deceleration}(\ddot{a}<0) \Rightarrow w > -1/3$$

acceleration $(\ddot{a}>0) \Rightarrow w < -1/3$

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Since all known types of matter imply a decelerated expansion, why should we consider the possibility of cosmic acceleration?

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1) The flatness problem and primordial inflation

The first Friedmann equation (11) can be recast in the form:

$$\Omega_M + \Omega_K = 1$$
 where

$$\Omega_M = \rho/\rho_{crit}; \ \Omega_K = -K/(aH)^2; \ \rho_{crit} \equiv 3H^2/(8\pi G)$$

for $\ddot{a} < 0$ the curvature term $|\Omega_K|$ increases in time unless K = 0

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2) Observational evidence of cosmic acceleration at low redshift: the Dark Energy problem

OBSERVATIONAL EVIDENCE OF COSMIC ACCELERATION: GEOMETRICAL PROBES

OBSERVATIONAL EVIDENCE OF COSMIC ACCELERATION: GEOMETRICAL PROBES (UNDER THE ASSUMPTION OF THE CP)

Let us consider a Universe filled with relativistic matter (*r*), non-relativistic matter (*m*), and a further component (*x*) with a generic equation of state $w_x(z)$, possibly evolving in time

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$$H^{2} = \frac{8\pi G}{3}(\rho_{r} + \rho_{m} + \rho_{x}) - \frac{K}{a^{2}} = H_{0}^{2}E^{2}(z)$$
(25)

with

$$E(z) \equiv \left[\Omega_r^{(0)}(1+z)^4 + \Omega_m^{(0)}(1+z)^3 + \Omega_K^{(0)}(1+z)^2 + \Omega_x^{(0)}e^{\int_0^z \frac{3(1+w_x(\tilde{z}))}{1+\tilde{z}}d\tilde{z}}\right]^{1/2}$$
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Now, using the relation dt = -dz/[H(1+z)] one can compute the age of the Universe:

$$t_0 = \frac{1}{H_0} \int_0^\infty \frac{dz}{E(z)(1+z)}$$

For a flat $(|\Omega_K| = 0)$ Universe with only relativistic and non-relativistic matter $(i.e. \ \Omega_x = 0)$ one gets:

$$t_0 \simeq \frac{2}{3} H_0^{-1} \approx 10 \,\text{Gyr for } H_0 \approx 72 \,\text{km/s/Mpc}$$
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• For an open $(\Omega_K > 0)$ Universe, the age becomes larger:

$$t_0 \simeq \frac{H_0^{-1}}{\Omega_K^{(0)}} \left[1 + \frac{1 - \Omega_K^{(0)}}{2\sqrt{\Omega_K^{(0)}}} \ln \left(\frac{1 - \sqrt{\Omega_K^{(0)}}}{1 + \sqrt{\Omega_K^{(0)}}} \right) \right] \xrightarrow{\Omega_K^{(0)} \to 1} H_0^{-1}$$
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This is smaller than the age of some globular clusters (~13 Gyr)

• For an open $(\Omega_K > 0)$ Universe, the age becomes larger:

$$t_{0} \simeq \frac{H_{0}^{-1}}{\Omega_{K}^{(0)}} \left[1 + \frac{1 - \Omega_{K}^{(0)}}{2\sqrt{\Omega_{K}^{(0)}}} \ln \left(\frac{1 - \sqrt{\Omega_{K}^{(0)}}}{1 + \sqrt{\Omega_{K}^{(0)}}} \right) \right] \xrightarrow{\Omega_{K}^{(0)} \to 1} H_{0}^{-1}$$
(29)

• For a flat Universe with an extra component with $w_x = -1$

$$t_{0} \simeq \frac{H_{0}^{-1}}{3\sqrt{\Omega_{x}^{(0)}}} \ln\left(\frac{1+\sqrt{\Omega_{x}^{(0)}}}{1-\sqrt{\Omega_{x}^{(0)}}}\right) \xrightarrow{\Omega_{x}^{(0)} \to 1} \infty$$
(30)



MARCO BALDI - LECTURES ON DARK ENERGY - FERRARA ASTROPHYSICS PHD SCHOOL, SEPTEMBER 2015

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Their luminosity distance

$$d_L^2 \equiv \frac{L_s}{4\pi \mathcal{F}} \tag{31}$$

can be inferred from a measured flux $\ensuremath{\mathcal{F}}$ while z can be measured from spectra

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can be inferred from a measured flux \mathcal{F} while z can be measured from spectra Since $d_L(z)$ depends on the expansion rate through E(z):

$$_{L} = \frac{1+z}{H_{0}\sqrt{\Omega_{K}^{(0)}}} \sinh\left(\sqrt{\Omega_{K}^{(0)}} \int_{0}^{z} \frac{d\tilde{z}}{E(\tilde{z})}\right)$$
(32)

one can use Snla measurements to constrain the expansion rate

Type la supernovae (II)
At low redshifts, and for the case of a 3-component Universe with $w_x = \text{const.}$ the luminosity distance can be expanded as:

$$d_L(z) = \frac{1}{H_0} \left[z + \frac{1}{4} \left(1 - 3w_x \Omega_x^{(0)} + \Omega_K^{(0)} \right) z^2 + \mathcal{O}(z^3) \right]$$
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• For a flat Universe $(\Omega_K^{(0)} = 0)$ with $\Omega_x^{(0)} = 0$ this gives: $d_L(z) = H_0^{-1} \left[z + z^2/4 + \mathcal{O}(z^3) \right]$ (34)

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- In the presence of an accelerating matter component $(w_x < -1/3, \, \Omega_x^{(0)} > 0)$ the luminosity distance gets larger
- \bullet The luminosity distance is related to the apparent magnitude m :

$$m(z) = 5 \log_{10} d_L(z) + \text{const.}$$
 (35)

so the magnitude-redshift diagram can place constraints on $w_x \Omega_x$





THE COSMOLOGICAL CONSTANT

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The cosmological constant was first introduced by Einstein in 1917 to obtain static solutions to GR equations applied to a model Universe:

$$G_{\mu\nu} + \Lambda g_{\mu\nu} = 8\pi G T_{\mu\nu} \Rightarrow \begin{cases} H^2 = \frac{8\pi G}{3}\rho - \frac{K}{a^2} + \frac{\Lambda}{3} \\ \frac{\ddot{a}}{a} = -\frac{4\pi G}{3}(\rho + 3p) + \frac{\Lambda}{3} \end{cases}$$
(36)

for pressureless matter $\ddot{a} = \dot{a} = 0 \Rightarrow \rho = \frac{\Lambda}{4\pi G}, \ \frac{K}{a^2} = \Lambda$

The Einstein equations with the cosmological constant term can be derived from the most general second order Action in the metric tensor $g_{\mu\nu}$:

$$S = \frac{1}{16\pi G} \int d^4x \sqrt{-g} \left(R - 2\Lambda \right) + S_m$$

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$$S = \frac{1}{16\pi G} \int d^4x \sqrt{-g} \left(R - 2\Lambda \right) + S_m \tag{38}$$

$$\delta S = \frac{1}{16\pi G} \int d^4 x \sqrt{-g} \left(R_{\mu\nu} - \frac{1}{2} R g_{\mu\nu} + \Lambda g_{\mu\nu} \right) \delta g^{\mu\nu} + \delta S_m$$
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where δS_m defines the matter energy-momentum tensor:

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so that through the Action Principle one gets

$$\delta S = 0 \Rightarrow R_{\mu\nu} - \frac{1}{2} R g_{\mu\nu} + \Lambda g_{\mu\nu} = 8\pi G T_{\mu\nu}$$
(41)

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In order to explain the observed acceleration the cosmological constant should be of the order:

$$\Lambda \approx H_0^2 \Rightarrow \rho_\Lambda \approx 10^{-123} M_{\rm Pl}^4 \tag{42}$$

The vacuum energy of quantum fields has the property $\rho_{\rm vac} \sim c$ so it would be a natural candidate for Λ .

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The vacuum energy of quantum fields has the property $\rho_{vac} \sim c$ so it would be a natural candidate for Λ .

However, from quantum mechanics the zero-point energy of a field of mass m and momentum k is $E = \sqrt{k^2 + m^2}/2$ so that:

$$\rho_{\rm vac} = \int_0^{k_{\rm max}} \frac{d^3k}{(2\pi)^3} \frac{1}{2} \sqrt{k^2 + m^2} \approx \frac{k_{\rm max}^4}{16\pi^2} = \frac{M_{\rm Pl}^4}{16\pi^2} \text{ if } k_{\rm max} = M_{\rm Pl}$$
(43)

Even if one assumed that $\rho_{\text{vac}} = 0$ (for some unknown symmetry principle) and that Λ arises from some other mechanism, still its value has to be fine-tuned at early times due to $\rho_{\Lambda} = \text{const.}$



The coincidence problem of Λ (I)

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The second fundamental problem of the cosmological constant is the unnatural coincidence of its energy density with the density of matter at the present time: this is the coincidence problem:

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$$\rho_{\Lambda} \approx 2.4 \rho_{\rm M}^{(0)} \tag{44}$$

Another way to see the coincidence problem is the unlikely coincidence of the crossover time between Ω_Λ and $\Omega_M\,$ with the present time:

$$z_{\rm cr.} \approx \left(\frac{\Omega_{\Lambda}^{(0)}}{1 - \Omega_{\Lambda}^{(0)}}\right)^{1/3} - 1 \approx 0.3 \qquad z > z_{\rm cr.} \Rightarrow \Omega_{\Lambda} \ll \Omega_{\rm M}$$
$$z < z_{\rm cr.} \Rightarrow \Omega_{\Lambda} \gg \Omega_{\rm M}$$

so that the present appears to be a special and unique time in the cosmic evolution.

The coincidence problem of Λ (II)



General Relativity

$$G_{\mu\nu} = 8\pi G T_{\mu\nu}$$

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plus the Cosmological Principle (FLRW metric)

$$ds^{2} = -dt^{2} + a^{2}(t) \left[\frac{dr^{2}}{1 - Kr^{2}} + r^{2}(d\theta^{2} + \sin^{2}\theta d\phi^{2}) \right]$$

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for a perfect fluid

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result in the Friedmann equations

$$\begin{split} H^2 &= \frac{8\pi G}{3}\rho - \frac{K}{a^2} \\ \frac{\ddot{a}}{a} &= -\frac{4\pi G}{3}(\rho + 3p) \end{split}$$

that fully describe the dynamics of the homogeneous universe.

The Friedmann equations can be combined to get the continuity equation

 $\dot{\rho} + 3H(\rho + p) = 0$

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$$(\ddot{a} < 0) \Rightarrow w > -1/3$$
 $(\ddot{a} > 0) \Rightarrow w < -1/3$

Several observations (age of the Universe, type Ia Supernovae) are inconsistent with a decelerated expansion. A possible explanation is a cosmological constant:

$$H^{2} = \frac{8\pi G}{3}\rho - \frac{K}{a^{2}} + \frac{\Lambda}{3} \qquad \qquad \frac{\ddot{a}}{a} = -\frac{4\pi G}{3}(\rho + 3p) + \frac{\Lambda}{3}$$

but this suffers of fundamental theoretical problems (fine-tuning, coincidence)